Mint julep

Makes 1 drink

Tip: Be sure the ice is very finely crushed (almost like a snow cone) or you won't have a real mint julep.

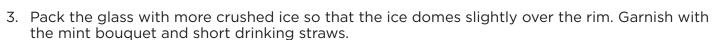
2 tablespoons sugar syrup*

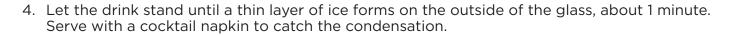
6 medium-large mint leaves, plus 1 bouquet of fresh mint

3 cups finely crushed ice

3 ounces bourbon

- 1. Place the syrup and the 6 mint leaves in a 16-ounce glass. Lightly bruise the mint with the back of a spoon.
- 2. Fill the glass two-thirds full with the crushed ice. Add the bourbon and stir briefly to blend.





*In a saucepan, simmer 2 parts water to 2 parts sugar until dissolved.

