

# Floral Stencils

The key to this technique is freezer paper, which you can find at your grocery store. One side of this paper has a wax coating, which, when ironed, will lightly stick to your fabric. This allows you to paint over your stencil easily and prevents the paint from spreading. It is easy to remove and will not leave any residue on your fabric.

**Crafter level:** Intermediate

**Time needed:** 30 minutes per stencil

## What you'll need

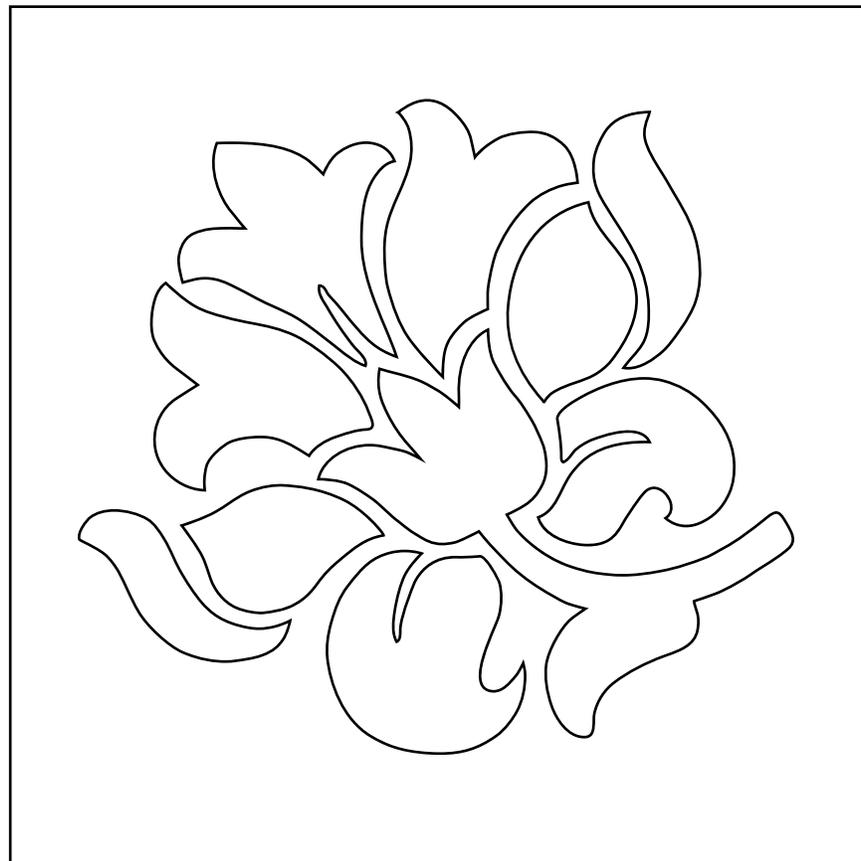
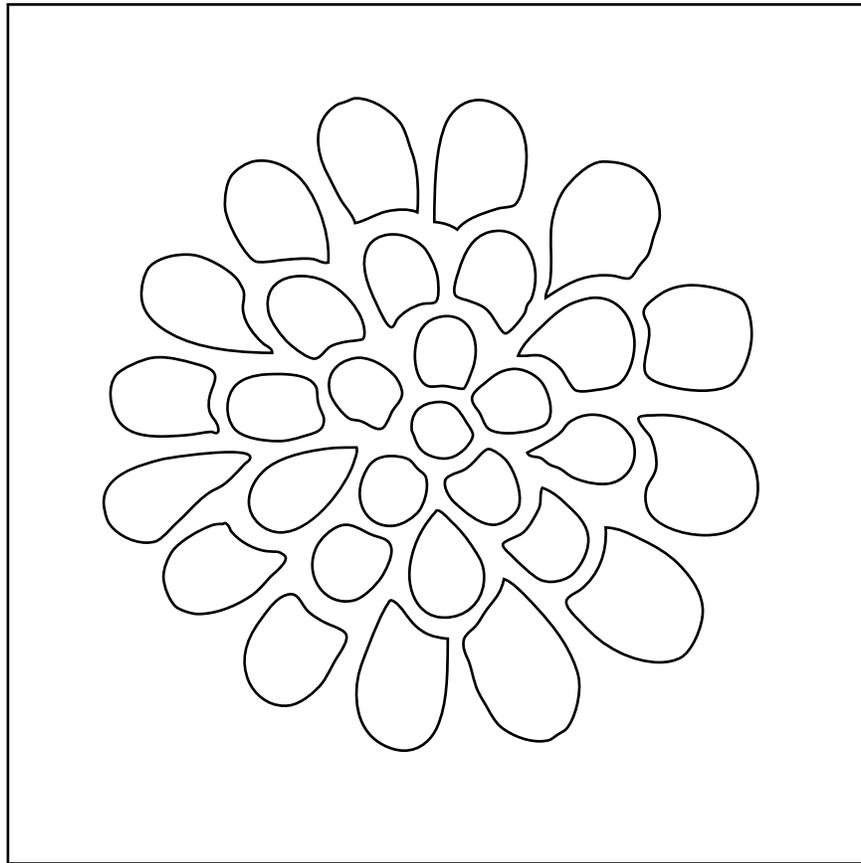
- Printouts of flower stencil templates
- Tape
- Freezer paper (available at grocery stores)
- Craft knife and cutting mat
- 4 fabric items (napkins, tea towels, etc.)
- Iron
- Scrap cardboard
- Fabric paint and foam paint brush
- Pressing cloth



## How to make it

1. Cut out all 4 templates. Then cut 4, 5-inch squares from the freezer paper.
2. Set each stencil template on top of a square of freezer paper (paper side up). Tape in place.
3. Using the craft knife and cutting mat, carefully cut through both layers of paper along the stencil lines for each stencil. Remove the templates and tape from the freezer paper stencils.
4. Wash and press each fabric item, making sure its surface is clean and wrinkle free.
5. Place a freezer paper stencil (wax-side down) onto each fabric item.
6. Iron each stencil onto each fabric item—making sure all the stencils are completely adhered.
7. Place a piece of scrap cardboard under each fabric item to prevent the paint from soaking through.
8. Brush your fabric paint over each stencil in a thin, even coat.
9. Let dry, according to paint directions. Repeat with another layer of paint if necessary.
10. Carefully remove all the freezer paper to reveal the floral designs.
11. Heat set the fabric paint with an iron and pressing cloth.

Flower stencil templates



Flower stencil templates

