Lemon Pot de Crème for Two With Puff Pastry Hearts

For the Pot de Crème

3/4 cup heavy cream

½ cup milk

3 Tbsp. sugar

Pinch of salt

2 Tbsp. grated Meyer lemon zest

4 egg volks

Raspberries for serving

For Puff Pastry Hearts

½ sheet frozen puff pastry dough

1 Tbsp. melted butter

½ cup turbinado sugar



To Make Pot de Crème

- 1. Preheat oven to 300°F. Have a teakettle with boiling water ready.
- 2. In a small saucepan over medium-low heat, combine cream, milk, sugar, salt and lemon zest, and bring to a simmer.
- 3. In a medium bowl, whisk together egg yolks. Then whisk in hot cream mixture. Whisk until well blended.
- 4. Pour mixture through a fine mesh sieve into a 2-cup ramekin.
- 5. Place filled ramekin into an 8-inch cake pan. Carefully pour boiling water into the cake pan until it reaches halfway up the outside of the ramekin.
- 6. Cover the cake pan with foil and bake until custard is barely set, about 25 to 30 minutes. Custard should jiggle slightly in the center.
- 7. Completely cool custard on wire rack, and then cover and refrigerate for at least 4 hours.

To Make Puff Pastry Hearts

- 1. While custard is chilling, make heart pastries. Preheat oven to 350°F and line a sheet pan with parchment paper.
- 2. Roll out defrosted puff pastry dough, brush with melted butter, and sprinkle with sugar.
- 3. Roll up the 2 opposite ends of the pastry until dough meets in the middle.
- 4. Cut dough into 6, 1/4-inch-thick pieces.
- 5. Place on sheet pan and bake until golden brown, about 10 to 12 minutes. Cool for a few minutes on baking sheet, and then transfer to a wire rack.
- 6. Serve chilled pot de crème with heart pastries and raspberries.

Makes 2 servings

