

Twisted Friendship Bracelet

This easy bracelet comes together in two shakes, or rather, twists.

What you'll need

- Embroidery floss, pearl cotton or yarn
- Scissors

How to make it

1. Measure and cut equal numbers of strands from your string, each about 30 inches long. (We used 10 strands for our floss and pearl cotton bracelet, but if you use yarn you'll only need about 4 strands.)
2. Gather all the strands of string together with ends lined up, and knot them together about 3 inches from 1 end. Make another knot at the other end of the string, also about 3 inches from the end.
3. Now poke your pointer fingers through the bunched string to the inside of each knot. See Diagram 1. Pull the string taut between your fingers and begin twisting. Twist your right hand in a clockwise motion and your left hand in a counter-clockwise motion. (If that's too hard, just keep 1 hand steady and only twist the other hand—it's easier, but it takes a lot longer.) See Diagram 2.
4. When the string is fully twisted and wants to "bunch up" on itself, you're about done. It should be very tightly twisted at this point. If you have a friend handy, ask her to find the center of the string between the knots and pull it towards her (while you still keep the knots looped on your fingers. If you don't have a friend handy, use your teeth to find the center of the string and hold onto it.
5. Now bring your 2 hands together while still holding on to the center and let the 2 ends of the string twist together. Pull your fingers carefully out from the ends. You should end up with a small loop at 1 end of the bracelet and the 2 knots at the other end. See Diagram 3.
6. Untie the 2 end knots (that are now side by side) and retie all the ends into 1 large knot. Trim the string ends. Now you can use the loop at 1 end to push the large knot through to wear it.

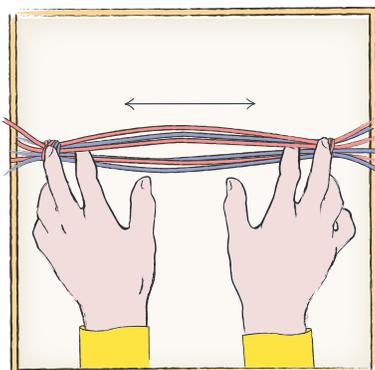


Diagram 1

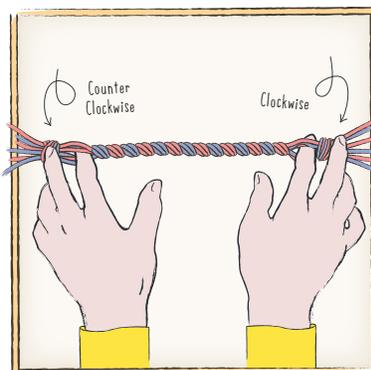


Diagram 2

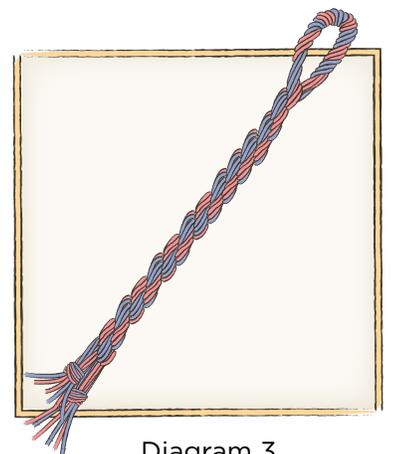


Diagram 3