

Friendship

CONVERSATION STARTERS

One thing I admire about you is _____.

Pick a song, book or movie that describes our friendship and explain why. ♥

A special moment I remember in our friendship is _____.

Something I wish you'd appreciate more about yourself is _____.

Make a friendship bucket list! Ideas include:

- ♥ Go to a concert together
- ♥ Take a road trip

I'm proud of you for _____.

My three favorite things about you are _____.

An underrated trait you have is _____.



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Partner

CONVERSATION STARTERS

One thing I don't tell you enough is _____.

Take turns sharing the story of how you fell in love. Details are a must! ♥

If we were to create a movie about our relationship, what would it be called?

If I could relive any moment in our relationship, it would be _____.

What parts of you have been healed through this relationship? ♥

One thing I didn't expect to love so much about you is _____.

One thing that makes our relationship special is _____.

What's our song?
If we don't have one, let's choose it!



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Self-Love

CONVERSATION STARTERS

An affirmation I need to hear right now is

_____.

If I wrote a love letter to myself, what would it say? ♥

What do I need to forgive myself for right now?

Which of my dreams can I pour more into?

I appreciate _____ about myself. ♥

Something I've always loved about myself is

_____.

What positive habits do I have in my life?

What am I proud of myself for?



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